



STATE OF NEW JERSEY  
EXECUTIVE DEPARTMENT

## Proclamation

WHEREAS, social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions; and

WHEREAS, SEL competencies enhance the capacity of children and adults to integrate positive attitudes, behaviors and skills to effectively and ethically approach daily tasks and challenges; and

WHEREAS, SEL competencies develop throughout our lives - from early childhood, through adolescence, and beyond - and are essential to success in our schools, workplaces, homes, and communities, and allow individuals to meaningfully contribute to society; and

WHEREAS, SEL, which can be incorporated into different subject matters and seamlessly embedded in everyday instruction, and further, it allows for a safe classroom environment, decreased disciplinary episodes, assists in learning and comprehension, and growing social peer circles; and

WHEREAS, New Jersey schools, families and our communities must be consciously engaged to enhance the strength, depth, and pace of acquisition of SEL competencies; and

WHEREAS, a stronger and fairer New Jersey relies on citizens who exhibit the knowledge and skills encompassed in New Jersey's own SEL Competencies and Sub-Competencies, which include self-awareness, self-management, social awareness, responsible decision-making, and relationship skills; and

WHEREAS, supporting the implementation of evidence-based SEL is a wise use of public resources, as there is strong evidence that SEL skills are linked to beneficial, long-term social and economic outcomes, including improved cultural competency and employability;

NOW, THEREFORE, I, Philip D. Murphy Governor of the State of New Jersey, do hereby proclaim:

**MARCH 27, 2020**

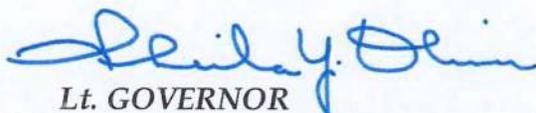
**AS**

**SOCIAL AND EMOTIONAL LEARNING DAY**

in New Jersey and encourage all community members to learn about and share their knowledge of the importance and impact of integrating evidence-based SEL into our schools, organizations and community.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this sixteenth day of March in the year two thousand twenty, the two hundred forty-fourth year of the Independence of the United States.

  
Lt. GOVERNOR

  
GOVERNOR